



Kettlebell Open competition

Ladies Jerk

Name	Kettlebell Weight	Reps	Co-efficient
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1st	Hannah Rowe U16	8	100	11.73020528
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1st	Sarah Keville	8	167	23.03448276
2nd	Karen Denn	8	133	17.35725938
3rd	Dee Griffin	8	124	16.81355932
	Siobhan Delaney	8	136	16.73846154
	Eimear Blount	8	117	16.16580311
	Bernie McNally	8	112	14.47495961
	Claire Lonergan	8	110	14.21647819
	Sonya Rice	8	104	14.00673401
	Roisin McCarthy	8	112	13.39312407
	Kitty Hartey	8	92	10.13774105
	Johann Crowe	8	66	9.759704251

1st	Collette Butler	12	120	22.89348172
2nd	Jennie Carthy	12	109	19.34911243
3rd	Judy Kuli	12	84	18.39416058
	Marian Roberts	12	111	17.78371162
	Maggie Magee	12	86	16.30331754
	Clodagh Daly	12	134	15.78017664
	Sarah Smith	12	82	15.06891271
	Ann O'Brien	12	75	12.48266297
	Pascale Giordano	12	65	10.86350975

1st	Jennie McGovern	16	70	16.11510791
2nd	Rachel McManus	16	58	14.10334347



Ladies LC			
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	Name	Kettlebell Weight	Reps	Co-efficient
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1st	Hannah Rowe U15	8	65	7.624633431
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1st	Sarah Keville	8	97	13.37931034
2nd	Eimear Blount	8	79	10.91537133
3rd	Bernie McNally	8	84	10.85621971
	Sonya Rice	8	80	10.77441077
	Siobhan Delaney	8	81	9.969230769
	Claire Lonergan	8	73	9.43457189
	Roisin McCarthy	8	77	9.207772795
	Ruth Murphy	8	68	9.142857143
	Johann Crowe	8	49	7.245841035
	Kitty Hartey	8	59	6.50137741

1st	Collette Butler	12	86	16.40699523
2nd	Judy Kuli	12	64	14.01459854
3rd	Jenny Carthy	12	73	12.95857988
	Marian Roberts	12	77	12.3364486
	Sarah Smith	12	67	12.31240429
	Pascale Giordano	12	56	9.359331476

1st	Rachel McManus	16	60	14.58966565
2nd	Jennie McGovern	16	54	12.43165468
3rd	Kathleen Cleary	16	70	10.66666667



Ladies Snatch

Name	Kettlebell Weight	Reps	Co-efficient
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1st	Hannah U16	8	96	11.26099707
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1st	Sarah Keville	8	138	19.03448276
2nd	Eimear Blount	8	136	18.791019
3rd	Ruth Murphy	8	129	17.34453782
	Sonya Rice	8	128	17.23905724
	Karen Denn	8	128	16.70473083
	Bernie McNally	8	128	16.54281099
	Roisin McCarthy	8	129	15.42600897
	Claire Lonergan	8	112	14.47495961
	Siobhan Delaney	8	117	14.4
	Kitty Hartey	8	127	13.99449036
	Johann Crowe	8	61	9.020332717

1st	Colletter Butler	12	123	23.46581876
2nd	Judy Kuli	12	100	21.89781022
3rd	Jenny Carthy	12	123	21.83431953
	Maggie Magee	12	100	18.95734597
	Ann O'Brien	12	105	17.47572816
	Pascale Giordano	12	95	15.87743733

1st	Nuala Walsh	16	104	27.82608696
2nd	Rachel McManus	16	88	21.39817629
3rd	Jenny McGovern	16	88	20.25899281
	Kathleen Cleary	16	100	15.23809524



Mens Jerk

Name	Kettlebell Weight	Reps	Co-efficient
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1st	Eiman tas Zerlauskas U16	6	78	14.09638554
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1st	Daniel Flynn	12	93	11.79704017
2nd	Stephen Daly	12	74	10.27777778
3rd	Aaron Boyce	12	75	8.612440191

1st	Philip Roche	16	78	17.50350631
2nd	Ian Power	16	84	17.43190661
3rd	Geogre Murphy	16	69	14.20849421
	Mick Carthy	16	82	13.94261424
	Damien Carey	16	63	12.80813215
	Kieran O'Sullivan	16	61	12.3857868
	Colin Baker	16	62	12.30769231
	Ronnie Warde	16	78	11.8970448
	Eduard Petrek	16	59	10.65462754
	Brian Walsh	16	52	10.10935601
	Bernard McGuinness	16	60	10.10526316
	Robert Fox	16	53	10.04739336
	Joe Byrne	16	50	9.925558313
	Niall Leahy	16	30	6.091370558

1st	Michael Kelly	20	66	15.69560048
2nd	Tommy Keeley	20	54	15.36273115

1st	Keith Dwyer	24	64	16.62337662
2nd	Paul Kelly	24	49	10.62330623



Mens LC			
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Name	Kettlebell Weight	Reps	Co-efficient
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1st	Eiman tas Zerlauskas U16	6	44	7.951807229
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1st	Martin Murphy	12	60	11.84210526
2nd	Daniel Flynn	12	69	8.752642706
3rd	Stephan Daly	12	58	8.055555556
	Aaron Boyce	12	34	3.90430622

1st	Damien Carey	16	63	12.80813215
2nd	Ian Power	16	61	12.65888457
3rd	Kieran O'Sullivan	16	55	11.16751269
	Geogre Murphy	16	53	10.91377091
	Paul Scanlon	16	54	10.37214886
	Ronnie Warde	16	66	10.06673022
	Mick Carthy	16	59	10.03188098
	John McNichalos	16	61	9.559255632
	Colin Baker	16	47	9.330024814
	Brian Walsh	16	42	8.165249089
	Dermot Bradley	16	40	7.97011208
	Eduard Petrek	16	43	7.76523702
	Robert Fox	16	38	7.203791469

1st	Tommy Keeley	20	43	12.23328592
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1st	Keith Dwyer	24	63	16.36363636
2nd	Paul Kelly	24	28	6.070460705



Mens Snatch

	Name	Kettlebell Weight	Reps	Co-efficient
1st	Eiman tas Zerlauskas U16	6	111	20.06024096
1st	Martin Murphy	12	123	24.27631579
2nd	Daniel Flynn	12	131	16.61733615
3rd	Stephan Daly	12	104	14.44444444
	Aaron Boyce	12	107	12.28708134
1st	Philip Roche	16	133	29.8457223
2nd	Ian Power	16	137	28.4306096
3rd	Damien Carey	16	128	26.02287166
	Robert Fox	16	137	25.97156398
	Geogre Murphy	16	121	24.91634492
	Mick Carthy	16	141	23.97449522
	Kieran O'Sullivan	16	118	23.95939086
	Dermot Bradley	16	117	23.31257783
	Joe Byrne	16	116	23.02729529
	Brian Walsh	16	116	22.55164034
	Paul Scanlon	16	117	22.4729892
	John McNicholas	16	140	21.93927522
	Eduard Petrek	16	120	21.67042889
	Roderick D Sweeney	16	107	21.48055207
	Niall Leahy	16	105	21.31979695
	Ronnie warde	16	134	20.43851287
	Colin Baker	16	98	19.45409429
	Bernard McGuinness	16	106	17.85263158
1st	Dermot O'Neill	20	113	33.68107303
2nd	Tommy Keeley	20	111	31.57894737
3rd	Michael Kelly	20	120	28.53745541
	Ger Griffin	20	124	26.52406417
	Alan Steel	20	116	24.5243129
1st	James Nagle	24	117	28.39231547
2nd	Paul Kelly	24	89	19.29539295

3rd

Keith Dwyer	24	65	16.88311688
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